

KS3 PSHCE Curriculum 2026-2027

Week	Year 6 Transition Lesson - June 24	What is Resilience?		Year 8		Year 9	
1	wb 31/8	Unit 1 - HEALTH AND WELLBEING: How do I have a successful transition to High School?	UNIT 1 - HEALTH AND WELLBEING: How do I maintain a healthy body and mind?	L1- How do the 3 R's help us to gain a positive sense of wellbeing?	Unit 1 - GLOBAL BRITAIN: How can we prevent extremism in the UK?	L1- Do the 3 R's support British Values?	
2	wb 7/9			L2- How can I be positive about the new challenge of transitioning to high school?		L2- WORDS MATTER: How do we recognise disinformation or misinformation in the media?	
3	wb 14/9			L3- How do I build good friendships? (toxic friendships)		L3- What are conspiracies theories and where do they come from?	
4	wb 21/9			L4- What is Compassion?		L4- How might online influencers affect our understanding of British Values? (Racism, Hate Crime, Misogyny)	
5	wb 28/9			L5- How do I keep safe when travelling to and from school?		L5- What is the difference between extremism and protest?	
6	wb 5/10			L6- Are all drugs bad for you? (prescription, illegal drugs and vaping)		L6- What is terrorism?	
7	wb 12/10			L7- How do I perform basic first aid?		L7- How does the prevent strategy work to counter terrorism?	
8	wb 19/10	#BEEWELL SURVEY & End of Unit Assessment		PUPIL VOICE SURVEY (not BeeWell) & End of Unit Assessment		#BEEWELL SURVEY & End of Unit Assessment	
Half term (27-30 Oct)							
1	wb 2/11	Unit 2 - RELATIONSHIP AND SEX EDUCATION: How do I maintain respectful Relationships?	Unit 2 - GLOBAL BRITAIN: What are Britain's responsibilities to the International Community?	L1- What is responsibility?	Unit 2 - HEALTH AND WELLBEING: How do I maintain my health and wellbeing in Year 9?	L1- How does self-esteem and mental health affect our happiness? (needs planning)	
2	wb 9/11			L2- Why is respect important in a relationship?		L2- How does too much screen time impact on my wellbeing? (Sleep air-brushing, deep fakes)	
3	wb 16/11			L3- What does LGBTQ+ mean?		L3- CCE - How do I keep myself safe (including online exploitation - personal information)/sharing images/ sextortion/ drugs)	
4	wb 23/11 (B)			L4- How do I stand up to negative pressure and influences? (Bullying)		L4- How do I deal with grief and loss?	
5	wb 30/11			KS3 ASSESSMENT WEEK FOR YEAR 7		KS3 ASSESSMENT WEEK FOR YEAR 8	
6	wb 7/12			L5- How do I recognise consent and other people's boundaries? (Bullying)		L5- Should the UK lead the development of AI?	
7	wb 14/12			L6- How do I recognise child abuse? (Forced Marriage)		L6- New Energy, new power - should Britain lead the energy revolution?	KS3 ASSESSMENT WEEK FOR YEAR 9
Christmas (21st-1st)							
1	wb 4/1	Unit 3 - GLOBAL BRITAIN: Should we be proud to live in multi-cultural Britain?	Unit 3 - LIVING IN THE WIDER WORLD: How do my career choices structure my life?	L1- What are my aspirations for the future?	Unit 3 - LIVING IN THE WIDER WORLD: How do I plan to my future career and what options are available to me?	L1- How do I turn failure into success?	
2	wb 11/1			L2- What is multi-cultural Britain?		L2- What are my employability skills and which careers are available to me? (employment rights and responsibilities)	L2- What are my strengths and how do these inform my aspirations? (include cultural expectations and stereotypes)
3	wb 18/1			L3- Why is the Equality Act an important piece of legislation? (link to bullying)		L3- How do I need to understand labour market information? (employment rights and responsibilities)	L3- How do I choose the right option choices for me?
4	wb 25/1			L4- What types of prejudice and discrimination do UK Citizens suffer? (link to bullying)		L4- Can I afford my lifestyle (essential and non-essential expenditure)?	L4- What careers match my skills and qualities? (include employment rights and responsibilities)
5	wb 1/2			L5- How do we challenge Islamophobia?		L5- How do I manage my money - 1 (Bank account and savings)	L6- How do I manage my time effectively?
6	wb 8/2			L6- What is antisemitism?		L6- How do I manage my money - 2 (debt, credit and risk)	L5- How can being enterprising help my career choices (career pilot)
Half term (15-19)							
1	wb 22/2	Unit 4 - LIVING IN THE WIDER WORLD: Why is digital literacy important? (linking about our future careers)	Unit 4 - RELATIONSHIPS AND SEX EDUCATION: Who am I and what kind of relationships do I want?	L1- How do I recognise a healthy relationship? (sexual consent)	Unit 4 - HEALTH AND WELLBEING: Why is it important to understand the harms of drug use and alcohol?	L1- What are the different drug classifications 1? (alcohol/drugs link to mental health issues, decision making and relationships/ misuse or prescription drugs)	
2	wb 1/3			L2- How do I protect my digital wellbeing?		L2- How does social media cause stress and how can I deal with it? (include sharing social images/pressure to share images, sextortion)	L2- What are the different drug classifications 2? (alcohol/drugs link to mental health issues, decision-making and relationships/ misuse or prescription drugs)
3	wb 8/3			L3- Why can online gaming be a problem for young people? (Gambling)		L3- How do I deal with conflict with others, including friends? (Ending relationships)	L3- Why do young people choose vaping products? (stopping smoking reduces anxiety etc)
4	wb 15/3			L4- Saving and spending money		L4- How do my hormones affect my relationships? (Menstruation)	L4- How do we respond to alcohol and drug related emergencies
5	wb 21/3			L5- How do my future career choices impact on the amount of money I earn?		L5- What is the difference between gender identity and sexual orientation? (Misogyny)	L5- What are the different types of addiction?
Easter (26th Mar-9th Apr)							
1	wb 12/4	Unit 5 - HEALTH AND WELLBEING: What is puberty?	Unit 5 - HEALTH AND WELLBEING: How do I reduce the risks associated with drugs, vaping and alcohol?	L6- How would I support someone who identifies as LGBTQ+?	Unit 5 - RELATIONSHIP AND SEX EDUCATION: Why do people choose to have intimate relationships?	L6- How can gambling become an addiction?	
2	wb 19/4			Year 7 Assessment Week		Year 8 Assessment Week	L1- What are the signs of a healthy relationship? (compare to unhealthy/ forced marriage/ending relationships)
3	wb 26/4			L1- What happens to boys during puberty?		L1- Why is alcohol use a problem for teenagers? (include weight gain)	L2- What are healthy online relationships (AI Bots, Influencers, INCEL groups etc)
4	wb 3/5			L2- What happens to girls during puberty?		L2- Why do so many people use vapes and nicotine products in the 21st Century?	L3- Why do people choose to have an intimate relationship?
5	wb 10/5			L3- What is FGM and why do we need to learn about it during adolescence?		L3- What are the risks associated with energy drinks and caffeine?	L4- Why do people choose to delay having sex? (Wait for marriage / more stable families/ parenthod etc)
6	wb 17/5			L4- What are the social and emotional changes that occur during puberty?		L4- Which substances are often misused by teenagers?	L5- Why is it important to experience pleasure in an intimate relationship? (negative influence of pornography/Strangulation) - needs planning
7	wb 24/5			L5- How do I maintain good personal and dental hygiene during puberty?		L5- How do young people use assertiveness to stand against peer pressure? (needs planning)	Year 9 Assessment Week
Half term (31st-4th)							
1	wb 7/6	Unit 6 - BEING BRITISH: How are laws made in the UK and what happens if we break them?	Unit 6 - BEING BRITISH: How does justice work in a democracy?	L1- Who has the power to bring about change in the UK?	Unit 6 - RELATIONSHIP AND HEALTH EDUCATION: How do I keep myself safe when entering a relationship?	L1- What is sexual consent and how does the law challenge FGM?	
2	wb 14/6			L2- What is the difference between criminal law and civil law?		L2- Why has the online safety act been introduced by Parliament? (include gambling)	L2- What is sexual harassment and stalking?
3	wb 21/6			L3- What laws do we have that protect people (Fire safety, water safety- line First Aid)		L3- Who can we rely on to keep us safe in the UK (Emergency services, Healthcare- GPs, Gillick Competence, parents, safeguarding etc)	L3- What are STIs, including HIV and AIDS?
4	wb 28/6			L4- How do young people resist joining gangs/ County Lines		L4- What is anti-social behaviour and how is it dealt with? (include rioting)	L4- How does contraception prevent pregnancy and some STI?
5	wb 5/7			L5- Why do young people carry knives and how can we discourage them?		L5- What happens when someone under the age of 18 commits a crime?	L5- How do I safely use a condom? (Where to access support if something goes wrong)
6	wb 12/7			PUPIL VOICE ACTIVITIES		PUPIL VOICE ACTIVITIES	PUPIL VOICE ACTIVITIES