KS4 PSHCE Curriculum

Week			Year 10		Year 11
1	wb 31/8	UNIT 1 - BEING BRITISH: What are my rights and responsibilities as a British Citizen?	L1 - How do the 3 R's help us to be more responsible citizens?	UNIT 5 - HEALTH AND WELLBEING: How do I maintain my health and keep myself safe in relation drugs?	L1 - How do the the 3 R's support my wellbeing in Year 11? (Healthy lifestyle)
2	wb 7/9		L2 - British values: Is the Human Rights Act of 1998 still relevant in 2025?		L2 - Should I donate blood or organs to help others?
3	wb 14/9		L3 - Why are equality and diversity vital to our understanding of British Values? (Case study - Misogyny)		L3 - Why do people choose to have cosmetic or aesthetic procedures?
4	wb 21/9		L4 - How do we recognise slavery in Modern Britain? (CCE)		L4 - What is the impact of substance use on risk-taking behaviours and my personal safety?
5	wb 28/9		L5 - Why are some British Citizens forced into marriage?		L5 - Why does drinking too much alcohol lead to bad choices?
6	wb 5/10		L6 - Why do some people have their rights denied? (HBV, Breast Ironing, FGM)		L6 - Why is it important to have a good knowledge about STI's and Contraception?
7	wb 12/10		L7 - How can the use of substances lead to risky behaviours?		L7 - How to end a relationship well? (include seperation, bereavement etc)
8	wb 19/10		#BEEWELL SURVEY & End of Unit Assessment		L8 - How do I check for testicular cancer or breast cancer?
Half term (27-30 Oct)					
1	wb 2/11	UNIT 2 - HEALTH AND WELLBEING: Why should I focus on my mental health and wellbeing?	L1 - How does my teenage brain change during adolescence? (affect of alcohol/drugs on wellbeing)	UNIT 2 - GLOBAL BRITAIN: What are the international issues that affect the UK today?	MOCK EXAMS
2	wb 9/11		L2 - Can I identify different mental health conditions? (to include addiction)		MOCK EXAMS
3	wb 16/11		L3 - What are the main causes of Self-Harm and how can I recognised the signs?		L1 - Are British Values still respected around the world?
4 (B)	wb 23/11		L4 - How can I help to recognise the signs that someone migh be contemplating suicide?		L2 - Why should we respect international laws and treaties?
5	wb 30/11		L5 - Who are the Instagram Generation? (influencers/ AI chatbots/Illegal behaviours- Digital literacy)		L3 - Why does Britain give money to International Aid Agencies?
6	wb 7/12		L6 - How the Gender Identity debate can influence my wellbeing (bullying/harassment - in person and online)		L4 - How can Britain help to maintain international peace and resolve conflicts?
7	wb 14/12		L7 - How can we promote positive mental wellbeing? (boost self-esteem and resilience/Limiting screentime)		L5 - How can Britian help those from other countries whose human rights have been denied?
Christmas (21st-1st)					
1	wb 4/1	UNIT 3 -RELATIONSHIP AND SEX EDUCATION: Why is commitment so important in relationships?	L1 - How do I recognise and build respectful relationships? (Changing over time/ending relationship)	UNIT 3 - BEING BRITISH and LIVING IN THE WIDER WORLD: What are my responsibilities and how do I ensure my money is safe?	L1 - What employment rights do I have when I start work?
2	wb 11/1		L2 - Why do people still get married in 2027? (families in 2025, including separation etc)		L2 - What are my responsibilities when I start work? (tax and NI)
3	wb 18/1				L3 - What information does my payslip tell me?
4	wb 25/1		L3 - Why do we all need to consider our fertility as we enter commited relationships? (bringing up children)		L4 - Should I plan for retirement as soon as I start work?
5	wb 1/2		L4 - What should we do if our contraception fails? (Condom Demonstration)		L5 - When taking out a loan, what does repayment, interest and APR mean?
6	wb 8/2		L5 - Why do some people consider getting an abortion? (or bringing up children)		MOCK EXAM
Half term (15-19)					
1	wb 22/2	UNIT 4 - RELATIONSHIP AND SEXEDUCATION: How does recognise unhealthy relationships?	L6 - Consent or coercion? (How Alcohol impairs our decision making/ important conversations)	UNIT 4 - Being British - Preparing for adult life - Rights, responsibilities and the Law?	MOCK EXAM
2	wb 1/3		L1 - Can you recognise the signs of an abusive relationship? (link to stalking/harassment)		L6 - How do I manage my debt and credit?
3	wb 8/3		L2 - What is the problem with sending nudes and sexting?		L1 - What are my rights and responsibilities as a consumer?
4	wb 15/3		L3 - How do young people become victims of Child Sexual Exploitation and sextortion?		L2 - What is Ethical Consumerism?
5	wb 21/3		L4 - How does the media sexualise men and women? (misogyny/ the lost boys)		L3 - How does the Online Safety Act 2025 affect me?
Easter (26th Mar-9th Apr)					
1	wb 12/4		L5 - What are the myths and realities surrounding online pornography? (Strangulation)		L4 - What do I need to know before I learn to drive?
2	wb 19/4		L6 - What is the impact of pornography on society?		L5 - What are public order offences?
3	wb 26/4		L1 - How do I control my anger?		GCSE Preparation
4	wb 3/5		L2 - How should we respond to child-on-child abuse?		GCSE Preparation
5	wb 10/5		L3 - How do young people become victims of child criminal exploitation?		GCSE Preparation
6	wb 17/5	UNIT 5 - HEALTH AND WELLBEING: How do we manage violence and how can we stay safe?	L4 - Why is knife crime on the rise?		GCSE Preparation
7	wb 24/5		YEAR 10 MOCK EXAMS		GCSE Preparation
Half term (31st-4th)					
1	wb 7/6		YEAR 10 MOCK EXAMS		
2	wb 14/6		L5 - How do we recognise modern day Cults and protect		
3	wb 21/6		L6 - What is addiction? (Gambling)		
4	wb 28/6	UNIT 6 - BEING BRITISH: Should 16 year olds get the vote?	L1 - Should 16 year olds be given the vote?		
5	wb 5/7		L2 - What political issues are important to your generation?		
6	wb 12/7		L3 - What skills, qualities and responsibilities should we expect from our politicians? (targeted publications)		